

THERAPEUTIC CONCEPTS

Issue # 8

<http://therapeuticconceptsllc.com>

August 2020

Upcoming Virtual Programs

August 6th @ 2pm, Monthly Music Therapy via Zoom (Aug 6th & Sept 3rd)

Mondays in August @ 5:30pm, Weekly Adapted Art via Zoom

Tuesdays in August @ 2pm, Weekly Adapted Yoga via Zoom

Fridays August @ 1pm, Weekly Mom&Child Exercise via Zoom

Interested? Register Online: <https://therapeuticconceptsllc.com/upcoming-events/>

Quote Of The Month

"Keep your face to the sunshine & you cannot see the shadow. It's what the sunflowers do"

-Helen Keller-

Inspiring Persons

Artist, Writer, Advocate **Joni Tada**



Due to a spinal cord injury, Jonie Tada was left with quadriplegia. She learned how to paint holding a brush in her mouth and now sells artwork all over the world. Writer, musician & advocate.

Contact us at:
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Check us out on FaceBook

<https://www.facebook.com/TherapeuticConceptsLLC/>

****Adapted Computer Program Coming This Month!***

<https://therapeuticconceptsllc.com/adapted-computer-programming/>

Craft Corner

Why are crafts important?

Arts and crafts focus on a variety of developmental areas. They help children of all ages grow in **Motor and Coordination Skills**. Simple tasks such as using a pair of scissors or holding a paintbrush help enhance fine motor skills. Art can also focus on expression, emotional development and communication for all young minds

Try these fun and easy Sun Flower Crafts, at home:
<https://sunshinewhispers.com/happy-sunflower-crafts-for-kids/>



Special Needs Programming
39393 Van Dyke Suite 105
Sterling Heights 48313



Check out our NEW
Therapeutic Toy
Assessment

Contact us for more
information!

It is our belief that toys are the universal tools that bridge the gaps and break barriers for all children regardless of their abilities. Toys can be used to serve as a guide and teach valuable social, emotional, cognitive, fine motor, and gross motor skills.

This Month's Featured Toy:

Dilly Dally Target Game



Pick a team--red or yellow--and take turns tossing the self-sticking beanbags at the turtle-shaped fabric target with numbered sections. Ideal for individual play, too. Durably constructed for use either indoors or outside, the non-wobbling metal base and a smiling Dilly Dally turtle face make this an exciting and inviting way for kids three and older to learn simple addition and practice hand-eye coordination.

What is Therapeutic Recreation?

Therapeutic Recreation is a specialized therapy service that is provided to individuals with disabling conditions, illness, or injury. The goal of recreational therapy is to restore, remediate, and rehabilitate functional leisure skills to individuals with specific needs. Recreational therapy services are unique and specialized to provide individuals with access to recreation opportunities that help support, improve and advance overall health and well being, thereby improving overall quality of life.

Recreational Therapists

Recreational therapy services are provided by a certified therapeutic recreation specialist (CTRS). A CTRS requires a bachelor's degree or higher through an accredited university and passing of the national certification exam through the National Council for Therapeutic Recreation Certification (NCTRC). Recreational therapists provide access to a fulfilling leisure lifestyle through meaningful activities at home or in the community and that incorporate the emotional, physical, cognitive, and sensory needs of various individuals. Certified therapeutic recreation specialists (CTRS) work in acute hospital care, psychiatric facilities, physical rehabilitation, neuro-skill centers, and home/community based treatment programs across the country. The CTRS plays an important role in today's healthcare arena.