

# THERAPEUTIC CONCEPTS

Issue # 7

<http://therapeuticconceptsllc.com>

July 2020

## Upcoming Virtual Programs

July 2nd @ 2pm, Monthly Music Therapy via Zoom (Aug 6th & Sept 3rd)

Mondays in July @ 5:30pm, Weekly Adapted Art via Zoom

Tuesdays in July @ 2pm, Weekly Adapted Yoga via Zoom

Fridays in July @ 1pm, Weekly Mom&Child Exercise via Zoom

Interested? Register Online: <https://therapeuticconceptsllc.com/upcoming-events/>

## Quote Of The Month

"Whatever you are, be a good one."

-Abraham Lincoln-



Check us out on FaceBook

<https://www.facebook.com/TherapeuticConceptsLLC/>

*\*Adapted Computer Program Coming August 2020\**

## Inspiring Persons

"Father of Mobility"

**Ralph Braun**



Due to MD he's used a wheelchair since 14. Invented the "Triwheel Scooter", hydraulic lift & started a co. to manufacture devices making vehicles wheelchair accessible

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## Craft Corner

**Why are crafts important?**

Arts and crafts focus on a variety of developmental areas. They help children of all ages grow in **Motor and Coordination Skills**. Simple tasks such as using a pair of scissors or holding a paintbrush help enhance fine motor skills. Art can also focus on expression, emotional development and communication for all young minds

Try these fun and easy Patriotic Crafts, at home:

<https://www.itsalwaysautumn.com/fourth-of-july-crafts-for-kids.html>



Special Needs Programming  
39393 Van Dyke Suite 105  
Sterling Heights 48313



Check out our NEW  
Therapeutic Toy  
Assessment

Contact us for more  
information!

It is our belief that toys are the universal tools that bridge the gaps and break barriers for all children regardless of their abilities. Toys can be used to serve as a guide and teach valuable social, emotional, cognitive, fine motor, and gross motor skills.

## This Month's Featured Toy:

### Toss-N-Talk Colors, Numbers & Shapes



Toss-N-Talk Colors, Number & Shapes is an inflatable impact-activated ball that talks when you catch it. Players toss the ball to each other. When the ball is caught, the voice module will ask the catcher a question. The players then answer the question as it relates to the space found under their left thumb. Batteries are included. Grades 4-8

## What is Therapeutic Recreation?

Therapeutic Recreation is a specialized therapy service that is provided to individuals with disabling conditions, illness, or injury. The goal of recreational therapy is to restore, remediate, and rehabilitate functional leisure skills to individuals with specific needs. Recreational therapy services are unique and specialized to provide individuals with access to recreation opportunities that help support, improve and advance overall health and well being, thereby improving overall quality of life.

## Recreational Therapists

Recreational therapy services are provided by a certified therapeutic recreation specialist (CTRS). A CTRS requires a bachelor's degree or higher through an accredited university and passing of the national certification exam through the National Council for Therapeutic Recreation Certification (NCTRC). Recreational therapists provide access to a fulfilling leisure lifestyle through meaningful activities at home or in the community and that incorporate the emotional, physical, cognitive, and sensory needs of various individuals. Certified therapeutic recreation specialists (CTRS) work in acute hospital care, psychiatric facilities, physical rehabilitation, neuro-skill centers, and home/community based treatment programs across the country. The CTRS plays an important role in today's healthcare arena.