

THERAPEUTIC CONCEPTS

Issue # 6

<http://therapeuticconceptsllc.com>

June 2020

Upcoming Virtual Programs

June 4th @ 2pm, Monthly Music Therapy via Zoom (July 2nd & Aug 6th)

Tuesdays in June @ 2pm, Weekly Adapted Yoga via Zoom

Fridays in June @ 1pm, Weekly Mom&Child Exercise via Zoom

Interested? Register Online: <https://therapeuticconceptsllc.com/upcoming-events/>

Quote Of The Month

"I can't change the direction of the wind, but I can adjust my sails to always reach my destination."

-Jimmy Dean-

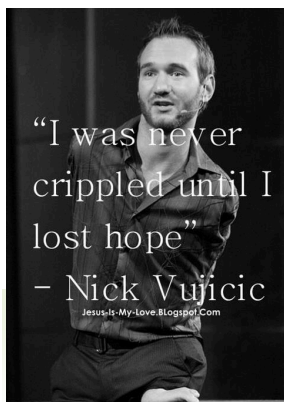


Check us out on FaceBook

<https://www.facebook.com/TherapeuticConceptsLLC/>

- Story Time with Miss Mary Nagy, CTRS & founder
- Clips on Adapted toys/Activities
- Updates on Virtual programming

Inspiring Persons



Nick Vujicic

Pastor/
inspirational
speaker born
with tetra-amelia
syndrome

"I was never
crippled until I
lost hope"

- Nick Vujicic

Jesus-Is-My-Love.blogspot.com



Craft Corner

Why are crafts important?

Arts and crafts focus on a variety of developmental areas. They help children of all ages grow in **Motor and Coordination Skills**. Simple tasks such as using a pair of scissors or holding a paintbrush help enhance fine motor skills. Art can also focus on expression, emotional development and communication for all young minds

Try these fun and easy Summer Crafts, at home anyone can do:

<https://www.care.com/c/stories/3344/summer-crafts-for-kids/>



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It is our belief that toys are the universal tools that bridge the gaps and break barriers for all children regardless of their abilities. Toys can be used to serve as a guide and teach valuable social, emotional, cognitive, fine motor, and gross motor skills.

This Month's Featured Toy: Puzzle Piece Chewy Set



The perfect piece of chewerly for biting, fidgeting and sensory integration therapy! Puzzle shape offers multiple ridges for oral motor exploration. Features one smooth side and bumps on the back, providing tactile interest for fingers or mouth. Chew to help reduce anxiety and improve concentration. Use with adult supervision.

What is Therapeutic Recreation?

Therapeutic Recreation is a specialized therapy service that is provided to individuals with disabling conditions, illness, or injury. The goal of recreational therapy is to restore, remediate, and rehabilitate functional leisure skills to individuals with specific needs. Recreational therapy services are unique and specialized to provide individuals with access to recreation opportunities that help support, improve and advance overall health and well being, thereby improving overall quality of life.

Recreational Therapists

Recreational therapy services are provided by a certified therapeutic recreation specialist (CTRS). A CTRS requires a bachelor's degree or higher through an accredited university and passing of the national certification exam through the National Council for Therapeutic Recreation Certification (NCTRC). Recreational therapists provide access to a fulfilling leisure lifestyle through meaningful activities at home or in the community and that incorporate the emotional, physical, cognitive, and sensory needs of various individuals. Certified therapeutic recreation specialists (CTRS) work in acute hospital care, psychiatric facilities, physical rehabilitation, neuro-skill centers, and home/community based treatment programs across the country. The CTRS plays an important role in today's healthcare arena.