

THERAPEUTIC CONCEPTS

Issue # 1

<http://therapeuticconceptsllc.com>

November 2019

Upcoming Therapeutic Concepts Events

November 15th @ 7:00 p.m. - Family Movie Night

December 7th @ 1:00 p.m. - Santa's Workshop Event

Community Event

AMC Theatres offer unique movie showings where they turn the sound down, so you can get up, dance, walk, shout or sing! Sensory Friendly Film Program is available on the second and fourth Saturday of the month.

Call your local AMC Theatre for more details.

Family Movies To Watch

Sit back and relax and enjoy these top 3 movies to watch at home!

1. Ralph Breaks the Internet
2. The Princess and the Frog
3. Incredibles 2

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Craft Corner

We are always looking for fun new activities to try out and crafts seem to be one of the favorite activities our kids go to. Listed below is a link to 20 sensory crafts and activities to try out at home!

<https://www.marthastewart.com/1537776/sensory-crafts-activities-kids>



It is our belief that toys are the universal tools that bridge the gaps and break barriers for all children regardless of their abilities. Toys can be used to serve as a guide and teach valuable social, emotional, cognitive, fine motor, and gross motor skills.

This Month's Featured Toy:



Turn and Tell Wooden Clock

Perfect for kids who are ready to learn to tell time, this learning clock features hands that rotate with a gentle click, marking off the minutes as they go. The detailed clock face has large red numbers to match the hour hand, small blue numbers to match the minute hand, and a segmented color disk to help kids visualize "quarter past" and "half past." Also included are 13 double-sided time cards for practice: Place one in the holder at the top of the clock, then match the numeric or analog time shown by moving the clock hands to their proper position. Slide open the "digital clock" window to check the answer! Then place the cards back in the storage slot at the back of the clock
for neat and tidy storage.

What is Therapeutic Recreation?

Therapeutic Recreation is a specialized therapy service that is provided to individuals with disabling conditions, illness, or injury. The goal of recreational therapy is to restore, remediate, and rehabilitate functional leisure skills to individuals with specific needs. Recreational therapy services are unique and specialized to provide individuals with access to recreation opportunities that help support, improve and advance overall health and well being, thereby improving overall quality of life.

Recreational Therapists

Recreational therapy services are provided by a certified therapeutic recreation specialist (CTRS). A CTRS requires a bachelor's degree or higher through an accredited university and passing of the national certification exam through the National Council for Therapeutic Recreation Certification (NCTRC). Recreational therapists provide access to a fulfilling leisure lifestyle through meaningful activities at home or in the community and that incorporate the emotional, physical, cognitive, and sensory needs of various individuals. Certified therapeutic recreation specialists (CTRS) work in acute hospital care, psychiatric facilities, physical rehabilitation, neuro-skill centers, and home/community based treatment programs across the country. The CTRS plays an important role in today's healthcare arena.